

In Your 20s

- **Concern** Breakouts. "The biggest problem for this age group is acne, caused by a combination of stress and dirt buildup," says celeb dermatologist Amy Wechsler.
- **Fast fix** After washing with a deep cleanser, dab on a zit-zapping treatment with 2 percent salicylic acid once a day. "This declogs pores without drying out skin," says Wechsler.
- **Long-term tip** The simplest solution: Get more shut-eye. "Sleep helps foster cell healing," says Wechsler.

◀ Dab on Clean & Clear Advantage Mark Treatment (Leighton Meester is a fan!) to fight blemishes. (\$9, shopcleandclear.com)



▲ Noxzema The Original Deep Cleansing Cream removes oil, dirt and makeup. (\$5, drugstores)

Zits? Creases?
Sun spots?
Celeb pros fix your complexion problems decade by decade

GLOWING SKIN AT EVERY AGE



BLAKE LIVELY
The 22-year-old star looks well-rested with SkinCeuticals A.G.E. Eye Complex cream. (\$85, skinceuticals.com)



ZOË SALDANA
The 31-year-old actress keeps her complexion picture-perfect with Cetaphil UVA/UVB Defense SPF 50. (\$14, drugstore.com)

In Your 30s

- **Concern** Dark spots. "Uneven skin tone is the result of sun damage accumulated in your teens and twenties," says Wechsler.
- **Fast fix** Spot-treat hyperpigmentation with a serum that has pigment-neutralizing kojic acid, then smooth on a face cream containing an antioxidant such as CoffeeBerry twice a week to "improve radiance," says Wechsler.
- **Long-term tip** Wear sunscreen. "Apply SPF 30 to face, chest and hands daily," advises Wechsler.



◀ Charliz Theron uses Dior Snow Sublissime UV base with SPF 50. (\$50, bloomingdales.com)

▶ Clinique Even Better Clinical Dark Spot Corrector's ascorbyl glucoside helps reverse damaged cells. (\$50, sephora.com)



In Your 40s

- **Concern** Wrinkles. "Your ability to produce cell-firming collagen slows down and skin starts to lose elasticity," says Wechsler.
- **Fast fix** Stimulate collagen production by exfoliating with a cream containing glycolic or lactic acid. Then treat lines with a serum that has human-growth factors or retinol.
- **Long-term tip** Eat foods with omega 3s, like salmon or walnuts. "This can help plump up cells," says Drew Barrymore's nutritionist Paula Simpson.



▲ Madonna keeps her youthful glow with Dr. Brandt Time Arrest Crème. (\$100, sephora.com)

◀ Jennifer Aniston achieves smooth skin with SkinMedica TNS Line Refine. (\$72, skinmedica.com)



JULIANNE MOORE
The *Chloe* star, 49, keeps her skin healthy with Olay Complete SPF 50 Defense Daily UV Moisturizer. (\$15, drugstore.com)

TREND WATCH

Ecofriendly Edition

GISELE GOES GREEN!

Want supermodel skin? Pamper your face with planet-friendly products from Gisele Bündchen's new ecofriendly beauty line, Sejaa Pure Skincare. The brand (which launched in March; prices range from \$56 to \$70) features a day moisturizer, a night cream and a mud mask made from whole plant ingredients, including hydrating jojoba, and is packaged in recycled materials.



▼ Sejaa Pure Skincare star products can be purchased exclusively at sejaa.com.

MOAKLER'S MINERAL MAKEUP!

"I wanted to give women a makeup line that nurtured their skin but that had chic, high-pigment colors," Shanna Moakler tells *Us* of her hypoallergenic, animal cruelty-free products (priced from \$8 to \$37; available at smoakshop.com). "I chose minerals as the main natural ingredient because they not only look good on my face, they protect my skin from the sun!" she says.



▶ Smoakshop Lip Rouge in Crimson, \$20, smoakshop.com



Moakler

CLOCKWISE FROM LEFT: CHARLES SKYES/AP PHOTO; MARIA RAMIREZ/FASHION WIRE DAILY; WAYNE JACKSON/PHOTO IMAGE PRESS; JEAN BAPTISTE LACROIX/WIREIMAGE.COM; JOE WORTHEN/WIREIMAGE.COM; STILL LIFE, WENNER/REX USA